



For Immediate Release
5/10/2018

Contact: Macy Zhelyazkova
Communications & Publications Coordinator,
University Relations
215-780-1284

National Stuttering Awareness Week: The Speech-Language Institute (SLI) of Salus University's Role

Elkins Park, PA – In honor of National Stuttering Awareness Week and because stuttering is a common speech disorder that affects more than three million Americans, the Speech-Language Institute (SLI) of Salus University wants to remind the public about its stuttering support group sessions. As a local chapter of the National Stuttering Association, the adult sessions are held the third Wednesday of each month from 7 to 8 p.m. and the children and family sessions are held the first Wednesday of every month from 6-7 p.m. at the Speech-Language Institute in Elkins Park.

Both sessions are led by clinical educator Shelley Slott, MS, CCC-SLP. The support group's purpose is to gather those who stutter along with their family and friends and those interested in learning more about stuttering in a setting where they can share experiences and techniques. Most importantly, the group's mission is to let those who stutter know they are not alone.

"We hope to provide people with the knowledge that you are not alone and there are others out there who are functioning adults despite their stuttering," said Slott.

Each session involves an overview of various topics related to stuttering and a chance for group discussion. According to Slott, the benefits of a support group atmosphere makes members feel less isolated, gives members the tools to cope with their stuttering as well as socializing with others who stutter. The group also provides a much-needed resource for adults who stutter as most insurance carriers do not cover stuttering therapy for adults.

Slott hopes the group continues to grow and assists the local community. "I hope that the group provides ongoing support to the community at large by attracting

those in the greater Philadelphia area who are in need of support,” she said.

If you or a loved one is interested in joining the Stuttering Support Group or another type of support group, visit <http://salusuhealth.com/join-group>.

About Salus University

Salus University, founded as the Pennsylvania College of Optometry in 1919, today is a diversified, globally recognized professional academic center of learning that offers a wide range of degree programs in the professions of Optometry, Audiology, Physician Assistant, Public Health, Blindness and Low Vision Studies, Biomedicine, Occupational Therapy and Speech-Language Pathology. Salus operates four clinical facilities in Philadelphia and Montgomery counties that provide highly specialized vision, hearing and balance, and speech-language pathology services. The University has more than 1,200 students, and more than 14,000 alumni worldwide. For more information, please visit www.salus.edu.